



(866) 919-5443

5 TACTICS TO ENSURE A SUCCESSFUL PROGRESSION OF CARE AFTER HOSPITAL DISCHARGE

When an individual leaves a hospital, he or she is rarely “healthy” or well enough to be expected to fully maintain their healthcare needs on their own.

There are numerous risks associated with ineffective care transition from a hospital to a home or a hospital to a retirement community. Often, ineffective transitions lead to hospital readmission. To minimize this, consider the value of in-home physician care.

In-Home Physician Care Reduces Complications After Discharge

In-home physician care can offer a number of clear benefits to all involved, especially the patient, and can help ensure a successful progression of care after leaving the hospital. To facilitate this, consider these tactics:

1. Minimize the need to go back and forth to doctor’s appointments

After a hospital admission, trips to see a doctor become more frequent, especially in the days and weeks after discharge. Allowing an in-home physician to handle these appointments in-house reduces strain and risks of falls or further complications.

2. Ensure more on-hands care to reduce future stays

With an in-home physician visit, the individual gets routine care more frequently and even sooner after a hospital stay. This can correct concerns or provide enhanced support at home before the condition worsens and warrants a new admission.

3. Minimize stress on the patient and family with more consistent care

With the utilization of an in-house physician, the patient and the family gain some level of confidence. Instead of worrying and stressing over having to meet care guidelines in a home setting, they gain more hands-on support and guidance. This gives them confidence and can reduce problems in a real-time scenario.

4. Create a smooth transition for all involved

It is also important to ensure caregivers can provide the level of care necessary after a new admission and discharge. This may include more responsibilities, medication



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management, or wound care. It becomes essential to ensure caregivers understand new changes.

5. Reduce emergency room stressors

The fear of being in an unfamiliar environment, dealing with infections from these high-risk areas, and the enhanced risk of falls all make ER visits less beneficial. With a physician's visit in-home, it is less likely such visits are necessary. As such, the patient remains healthy longer.

The use of an in-house physician minimizes risks and improves outcomes while helping ensure the patient is given the level of care necessary. SC House Calls' patient-focused, care management program provides a personalized approach to managing each patient's experience, giving patients and partners better post-hospital results.

To find out more about how SC House Calls can help you, [contact us](#) today!